

2019



COLLEGE CLUB
SWIMMING

2019 CENTRAL REGIONAL
CHAMPIONSHIP
INDIANAPOLIS, IN • NOVEMBER 15-16

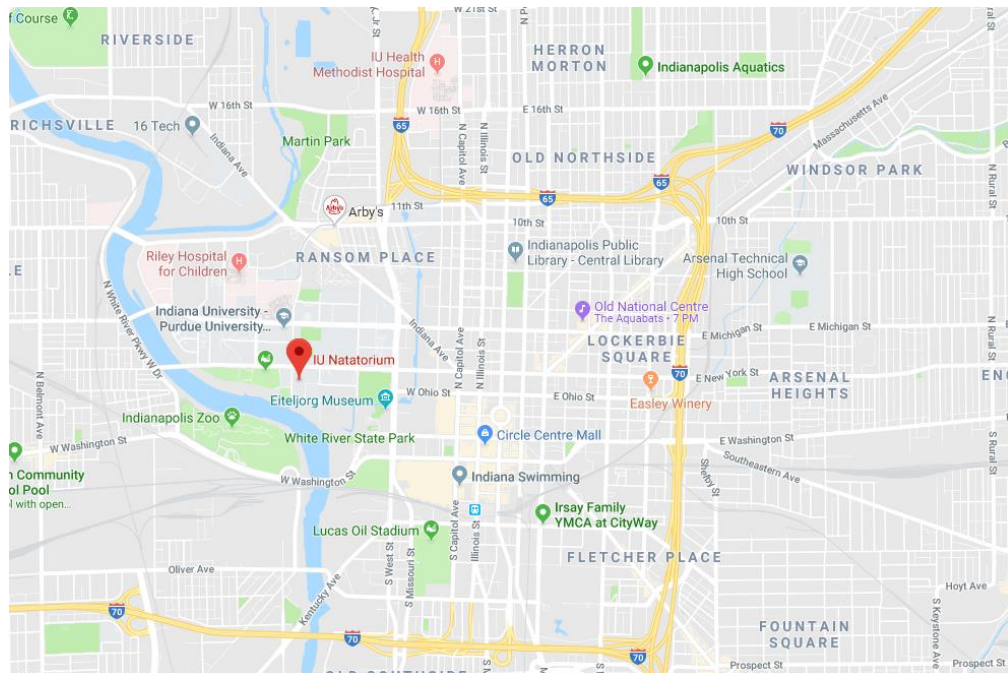
Hosted By:
Swim Club at
Indiana University

Facts about the Meet

This will be the inaugural central regional championship! We are excited to be offering a championship level meet available to all skill levels for swimmers. With the elimination of many varsity swimming programs across the country, the collegiate club scene has seen a spike in participation over the past 15 years; and hopefully this meet will continue to grow to reflect this national change. Our national governing body, College Club Swimming, was formed in 2017 in partnership with US Masters Swimming, and encourages friendly competition at the collegiate level in the sport of swimming. This meet is open to all clubs and swimmers currently registered with College Club Swimming.

Meet Administration

Facility: IU Natatorium - 901 West New York Street, Indianapolis, IN 46202



Meet Operations:

Duncan Emsweller; Meet director, deemswel@iu.edu
William Ramos; Faculty Advisor, wramos@indiana.edu
Nader Auda; President of IUSC, nauda@iu.edu
Ed Merklings; Facility manager, emerklin@iupui.edu
Lucy Duncan: Meet Administration

Site Information

About the facility

The IU Natatorium facility is a world class venue that has been hosting meets large and small since 1982. Some of its more notable meets include the 1987 Pan American games, many Olympic trials, Numerous US opens, and more recently the TYR Pro Series championships. The facility features a 50 meter competition pool that will be split into two 25 yard pools for this competition. There is also a large diving well that will be used as a warm-up pool. The pool has had recent renovations that continue to make it one of the premier pools in the nation for high level swimming!



Parking information

Parking will be available in the IUPUI Sports Complex Garage east of the natatorium located at 875 W New York St. Indianapolis, IN 46202. Parking will cost \$7 per day per vehicle.



Hotel Information

There are many great hotel options in and around the Indianapolis area, but be aware that there is a large event going on in downtown Indianapolis the same weekend as our meet, so the sooner you book your rooms the better. We have provided a small list of hotels that are located close to the Natatorium, but be aware you may have to expand your search.

- Hilton Indianapolis Hotel and Suites-120 W Market St, Indianapolis, IN 46202
- Holiday Inn and Express Suites(Two locations)
 - 7035 Western Select Dr, Indianapolis, IN
 - 410 S Missouri St, Indianapolis, IN
- Quality Inn East-7050 E 21st St, Indianapolis, IN
- Fairfield Inn and Suites
 - 5220 W Southern Ave, Indianapolis, IN
 - 7110 E 21st St, Indianapolis, IN

Spectators

Spectators will be seated in both east and west concourses, and there will be no charge for admission for spectators. In lieu of admission costs, halfway through the meet we will be asking for donations to the club so we can continue to run a successful and fun meet in subsequent years.

Vendors

We will have Elsmore swim shop on site offering general swim merchandise at the meet on Saturday.

Meet Entries

All entries are completed through the CCS on-line portal located at:

Any questions regarding issues with meet sign-ups should be directed to College Club Swimming, Inc. Participants will be allowed 4 individual events, as well as 2 relays for this meet. Teams will be limited to 3 relays per relay event

Meet Entry Fees

\$15 per swimmer, and an additional \$6 per relay.

Scoring

Scoring will be done in the following format, based on results from the timed finals:

Individual Events: 8-6-5-4-3-2-1-0

Relay events: 16-12-10-8-6-4-2-0

Meet Schedule

Session	Warm-ups	Presidents meeting	Meet Start
Friday	5:00 pm	5:30 pm	6:00 pm
Saturday	9:00 am	9:30 am	10:00 am

We will be utilizing two pools for all sessions, with women's events will be held in the north pool (scoreboard end) and men's events will be held in the south pool (diving well end).

A President's meetings will take place in the officials' office located behind the timing platform just before the start of each day.

Seeding:

All events will be run in a timed finals format. Friday events will be seeded with fastest seed times first. Saturday events will be seeded with slowest times first.

Awards:

Ribbons will be awarded to the top three places in all events. All awards will be mailed to teams post-meet.

Order of Events

Women	Event	Men
Friday evening		
1	400 Individual Medley	2
3	200 Backstroke	4
5	200 Butterfly	6
7	200 Breaststroke	8
9	1000 Freestyle	10
11	800 Freestyle relay	12
 Saturday		
13	200 Medley Relay	14
15	200 Individual Medley	16
17	50 Breaststroke	18
19	100 Butterfly	20
21	100 Backstroke	22
23	200 Freestyle	24
25	50 Butterfly	26
27	200 Freestyle Relay	28
29	50 Freestyle	30
31	100 Breaststroke	32
33	500 Freestyle	34
35	100 Freestyle	36
37	50 Backstroke	38
39	100 Individual Medley	40
41	400 Freestyle Relay	42
43	200 Mixed Medley Relay	

- Event 43 is just for fun and will not be scored for points.

Heat Sheets/Results:

Heat sheet will be provided to teams and posted on deck as well as in the spectator areas. Additional heat sheets will be available for purchase through the MEET MOBILE app for \$5.00. Results will be available for free on MEET Mobile and will not be posted at the facility.



Championship Policies

Swimming Rules & Regulations

The 2019 College Club Swimming National Championships will follow US Masters Swimming Rules for starts, strokes, turns, relays, and disqualifications. USA-S/USMS certified officials will be onsite to ensure compliance.

Specific rules to make note of include:

- **Swimwear for Competition**
 - Swimwear shall include only one swimsuit, no more than two caps, goggles, and a nose clip and/or ear plugs if desired.
 - Only swimsuits complying with FINA swimsuit specifications may be worn. Suits with tie-backs or other fasteners, are NOT permitted for competition.
 - Medical tape on the body is not permitted unless approved by the meet referee. K-tape on shoulders, elbows, or knees is never permitted.
 - Violation of any of these rules may result in disqualification. Exceptions may apply for extenuating circumstances at the discretion of the meet referee.

- Protests
 - Protests regarding disqualifications or recorded times shall be submitted to the meet referee within 30 minutes of the event. Protests regarding the conduct of the meet shall be submitted in writing to the designated meet official onsite. If the protest is with the referee, a formal complaint must be sent to collegeclub@usmastersswimming.org within 5 days of the event.

This championship meet is in the process of being officially recognized by United States Masters Swimming and USA Swimming. Times achieved at this event may be considered for USMS national records and Top Ten times for USMS members, and qualification for other USA Swimming Events. Swimmers wishing to have their times must submit their USMS ID# or USA Swimming ID when submitting their entries.

Deck Entry Policy

No deck entries will be accepted for individual events, nor for relay events. Swimmers must enter the events they wish to swim no later than the late entry deadline found on the front page of this meet packet or on Page 16.

Relay Line-Up Policy

Each club will be given the following upon checking in at the meet:

- One (1) relay card for each relay competing in the 4x200 free, 200 medley relay, 200 free relay, and 400 free, as well as the final 200 medley mixed relay

This relay card will be used to make any changes (if desired) to the lineup prior to the appropriate timed finals session. It is the responsibility of the president, or another club representative, to submit the correct relay card with the final relay line-up to the clerk of course no later than 30 minutes prior to the start of the appropriate timed finals or prelims session. After this time, no changes can be made to that relay's line-up.

Awards will be assigned and then subsequently mailed to teams after the end of the meet. There will be no breaks to give out awards during the meet, however the winners of event will be announced after each event is over, as well and the overall winner of the meet will be announced at the end of the meet.

Club Absence Policy

In the case that a club which has submitted entries is no longer able to attend due to extenuating circumstances, the club is still responsible for paying 100% of their meet fees incurred upon entry. No exceptions will be made.

Additional Policies to Note

1. Swimmers will be responsible for swimming in their assigned events, heats and lanes.
2. The Meet Referee may elect to change and/or combine heats and determine the need to do "fly-over" starts. Every reasonable effort will be made to notify clubs of any changes.
3. The no-recall starting protocol will be in effect during this meet.
4. Spectators are prohibited from entering the pool deck area of the facility. The pool deck is reserved for: athletes, coaches, officials, assigned timers and other recognized, credentialed volunteers.
5. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. Except where venue facilities require otherwise, changing into or out of swimsuits (except for drag suits) other than in locker rooms is not appropriate and is prohibited.
6. **DECK CHANGES ARE PROHIBITED** and can result in an offending competitor's removal from the meet.
7. Operation of a drone, or any other flying apparatus, is prohibited within the venue (pools, athletic/coaches' areas, spectator areas and, if present, open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

Registration Procedures

Enter your CCS login information in the Swimmer Login from the homepage of the CCS website.



Member Login

Login Name

Password

Login

[Login & Password Retrieval](#)

Click either the Swim Competitions or Declarations Open link.

A screenshot of the College Club Swimming Membership Portal homepage. The page features a navigation bar with links for Home, Shopping Cart, Swim Competitions (circled in red), and Onshalee Tests. Below the navigation bar is an announcement section with a welcome message and a link to the Declaration page. A table lists swim competitions, with the "Declaration" column circled in red, showing "Declaration Opens Tue, 02/12/2019 12:00 AM". The page footer includes copyright information, a "Powered by Club Assistant" logo, and contact/privacy links.

Dates	Name	Declaration
Fri, 03/29/2019-Sun, 03/31/2019	2019 College Club Swimming National Championship	Declaration Opens Tue, 02/12/2019 12:00 AM

- 1) To indicate availability for a relay, check the box. This does NOT put you on a relay as the final relays will be compiled by the coach/president.

- 2) To enter an event, you may manually enter a time. Or you may enter a previously swum time from a CCS recognized meet and have the time entered in the database. Click on the previously swum time in order to select to enter that event.
- 3) To remove yourself from an event, click the trashcan icon to remove the entry time.

Saturday, April 7, 2018
 Session 3: Saturday Finals
 Warm-up starts at 5:00 PM | Meet starts at 6:00 PM | Meet ends at 9:00 PM

#	Sex	Event	Qualifying Time	Entry Time min:sec.hun	Previous Times
18	Males	200 Y Medley Relay	1	<input checked="" type="checkbox"/> I am available for this relay	
20	Males	50 Y Fly	0:26.99	<input type="text" value="0"/> : <input type="text" value="26"/> . <input type="text" value="94"/> SCY <input type="button" value="🗑"/>	2
22	Males	200 Y IM	2:15.79	<input type="text"/> : <input type="text"/> . <input type="text"/> SCY <input type="button" value="🗑"/>	
24	Males	50 Y Free	0:24.09	<input type="text"/> : <input type="text"/> . <input type="text"/> SCY <input type="button" value="🗑"/>	23.35
26	Males	100 Y Breast	1:10.09	<input type="text" value="1"/> : <input type="text" value="03"/> . <input type="text" value="53"/> SCY <input type="button" value="🗑"/>	3
28	Males	200 Y Free	1:58.79	<input type="text"/> : <input type="text"/> . <input type="text"/> SCY <input type="button" value="🗑"/>	
30	Males	100 Y Back	1:02.09	<input type="text"/> : <input type="text"/> . <input type="text"/> SCY <input type="button" value="🗑"/>	
32	Males	400 Y Free Relay		<input checked="" type="checkbox"/> I am available for this relay	
34	Males	1000 Y Free	4	<input type="text"/> : <input type="text"/> . <input type="text"/> SCY <input type="button" value="🗑"/>	

Sunday, April 8, 2018
 Session 5: Sunday Finals
 Warm-up starts at 3:00 PM | Meet starts at 4:00 PM | Meet ends at 7:00 PM

Submit entries when complete. Please note that by completing these steps, your entries are not finalized. Your coach will finalize all club entries and compile relays during the confirmation process between .

If you have any questions, please contact collegeclub@usmastersswimming.org .

