

**2021 CCS Central Regionals 11/5-11/6/2021****Soderholm Family Aquatic Center****Session Report**

Session: 1 Friday

Day of Meet: 1 Starts at 04:00 PM Heat Interval: 30 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	1 Women 200 Medley Relay	19	3 u	04:00 PM	_____
Finals	2 Men 200 Medley Relay	21	3 u	04:10 PM	_____
Finals	3 Women 100 Butterfly	32	4 u	04:18 PM	_____
Finals	4 Men 100 Butterfly	41	6 u	04:25 PM	_____
Finals	5 Women 50 Breaststroke	54	7 u	04:34 PM	_____
Finals	6 Men 50 Breaststroke	60	8 u	04:42 PM	_____
Finals	7 Women 100 Backstroke	44	6 u	04:50 PM	_____
Finals	8 Men 100 Backstroke	45	6 u	05:02 PM	_____
Finals	9 Women 50 Freestyle	106	14 u	05:13 PM	_____
Finals	10 Men 50 Freestyle	133	17 u	05:27 PM	_____
Finals	11 Women 1000 Freestyle	6	1 u	05:43 PM	_____
Finals	12 Men 1000 Freestyle	7	1 u	05:58 PM	_____
	Break: 10 Minutes:				
Finals	13 Women 50 Butterfly	67	9 u	06:23 PM	_____
Finals	14 Men 50 Butterfly	77	10 u	06:32 PM	_____
Finals	15 Women 100 Freestyle	60	8 u	06:42 PM	_____
Finals	16 Men 100 Freestyle	104	13 u	06:54 PM	_____
Finals	17 Women 50 Backstroke	60	8 u	07:13 PM	_____
Finals	18 Men 50 Backstroke	47	6 u	07:23 PM	_____
Finals	19 Women 100 Breaststroke	24	3 u	07:31 PM	_____
Finals	20 Men 100 Breaststroke	55	7 u	07:36 PM	_____
Finals	21 Women 100 IM	69	9 u	07:48 PM	_____
Finals	22 Men 100 IM	69	9 u	08:03 PM	_____
Finals	23 Women 200 Freestyle Relay	19	3 u	08:18 PM	_____
Finals	24 Men 200 Freestyle Relay	21	3 u	08:25 PM	_____
	Swimmers Counts for Warm-ups: 442	=====	=====		
	Entry / Heat Totals:	1,240	164		
	Finish Time			08:33 PM	_____

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Session: 2 Saturday

Day of Meet: 2 Starts at 01:00 PM Heat Interval: 30 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	25 Women 500 Freestyle	24	3 u	01:00 PM	_____
Finals	26 Men 500 Freestyle	29	4 u	01:20 PM	_____
Finals	27 Women 400 Medley Relay	6	1 u	01:44 PM	_____
Finals	28 Men 400 Medley Relay	11	2 u	01:51 PM	_____
Finals	29 Women 200 Freestyle	44	6 u	02:01 PM	_____
Finals	30 Men 200 Freestyle	51	7 u	02:17 PM	_____
Finals	31 Women 200 Butterfly	4	1 u	02:34 PM	_____
Finals	32 Men 200 Butterfly	12	2 u	02:37 PM	_____
Finals	33 Women 400 IM	4	1 u	02:45 PM	_____
Finals	34 Men 400 IM	8	1 u	02:52 PM	_____
	Break: 10 Minutes:				
Finals	35 Women 200 Breaststroke	9	2 u	03:09 PM	_____
Finals	36 Men 200 Breaststroke	23	3 u	03:16 PM	_____
Finals	37 Women 200 IM	24	3 u	03:25 PM	_____
Finals	38 Men 200 IM	36	5 u	03:34 PM	_____
Finals	39 Women 200 Backstroke	16	2 u	03:48 PM	_____
Finals	40 Men 200 Backstroke	10	2 u	03:56 PM	_____
Finals	41 Women 400 Freestyle Relay	9	2 u	04:02 PM	_____
Finals	42 Men 400 Freestyle Relay	15	2 u	04:11 PM	_____
	Swimmers Counts for Warm-ups: 249	=====	=====		
	Entry / Heat Totals:	335	49		
	Finish Time			04:19 PM	_____